



## Amelia J. Sheahan

November 18, 1981 - May 16, 2021

A life lived with intentional enthusiasm

Amelia spent her lifetime spreading joy to all that knew her. She treated everyone she encountered with kindness, emulating the love and light she wanted to see in the world.

Amelia spent her short time on this planet enjoying all things beautiful. Dancing, music, her Irish roots, a love of horses, journaling, poetry, art, a voracious love of cooking, an endless supply of the best hugs, deep laughs and fervent, loud conversations. Her endless playful, silly energy was infectious.

She could be found gardening, dancing, playing pool (or any other game) and sharing her fabulous homemade cooking. But on each and every day, she could be counted on to be showering her people with love, laughs and generous, selfless attention.

While Amelia did spend a period studying physical therapy, she was best known as a superstar in hospitality. She spent many summers keeping her nieces and nephews out of trouble by keeping them busy with fun activities. This included water balloon fights, pool parties, trampolining and basketball games. She was a champion of P.I.G. and H.O.R.S.E. There was never a

child in any setting that could escape her attention. She always played at their level making sure each and every one felt special.

Amelia is mourned and survived by family including her sister Kira (Michael "Moon" Malloy), her brother Nathaniel (Erica Ziske), brother Noah, Father Kevin Bagnall, as well as her life partner Mike Siglinsky. Preceded in death by her mother Aelita Warwick (Sheahan), uncle Dennis and loving grandparents. She is further survived by uncles Shawn and Gary, aunt Heather Wolfram (Fred) and her beloved nieces and nephews Jaime, Max (Kari), Samuel and Emma (Mekaela), Cole and Henry as well as great nephews Elijah and Landon and great niece Kenley. She is also survived by loving cousins and their families.

Her spirit will live on in all of us.

A memorial and celebration of Amelia's life will be held at Hubbard Park Lodge on Sunday, July 25th from 2-6pm.